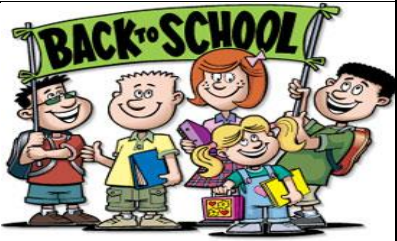





Anderson School Lunch Menu September 2019

Mon	Tue	Wed	Thu	Fri	
2	3	4	5	6	
Labor Day No School	BBQ Pulled Pork Sandwich Cole Slaw Baked Chips Applesauce Cup Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk First Day of School	Penne Pasta Primavera with Grilled Chicken Breadsticks Green Grapes Or Salad Bar with Vegetable Beef Barley Soup (DF) 1% & Skim White Milk Skim Chocolate Milk	French Toast Sticks Scrambled Cheesy Eggs Sugar Snap Peas Blueberries Pineapple-Orange Juice Or Salad Bar with Taco Soup (GF&DF) 1% & Skim White Milk First Day of Kindergarten	Hamburger with or w/o Cheese Variety Topping Station Baked French Fries Watermelon Or Salad Bar with Boston Clam Chowder 1% & Skim White Milk Ice Cream Bar	
9	10	11	12	13	
Chicken & Cheese Taquitos Topping Station Tortilla Chips Black Bean Salad Peaches Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Celery Sticks Cantaloupe Or Salad Bar with Beef Steak Noodle Soup 1% & Skim White Milk Skim Chocolate Milk	Grilled Chicken Caesar Salad Garlic Bread Apples Or Salad Bar with Cream of Potato Soup (GF) 1% & Skim White Milk Skim Chocolate Milk	Cinnamon Roll Bacon Scrambled Eggs Baby Carrots Strawberries with Whipped Cream Or Salad Bar with Creamy Tomato Basil Soup (GF&DF) 1% & Skim White Milk	Beef Hot Dog Topping Station Baked Beans Baked Potato Smiles Kiwi Or Salad Bar with Chicken Tortilla Soup (GF&DF) 1% & Skim White Milk Rice Krispie Bar	
16	17	18	19	20	
Pork & Veggie Ramen Noodle Bowl Topping Station Veggie Egg Roll Mangos Or Salad Bar with Chicken Noodle Soup (DF) 1% & Skim White Milk Skim Chocolate Milk	French Dip Baked Potato Wedges Cucumber Salad Red Grapes Or Salad Bar with Italian Meatball Soup (DF) 1% & Skim White Milk Skim Chocolate Milk	Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Peas Pears Or Salad Bar with Cream of Broccoli Cheddar Soup 1% & Skim White Milk Skim Chocolate Milk	Sausage, Egg & Cheese Breakfast Sandwich Hash Brown Patty Oranges Strawberry-Banana Smoothie Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk	Popcorn Chicken Sweet Potato Waffle Fries Corn Honeydew Or Salad Bar with Shrimp Bisque (GF) 1% & Skim White Milk Mini Donuts	
23	24	25	26	27	
Ground Beef & Turkey Nachos (GF) Topping Station Pinto Beans Mandarin Oranges Or Salad Bar with Cream of Potato Soup (GF) 1% & Skim White Milk Skim Chocolate Milk	BLT Sandwich Pasta Salad Baked Chips Wildberry Cup Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	Baked Potato Topping Station Mozzarella Bread Stick Marinara Dipping Sauce Cherries Or Salad Bar with Taco Soup (GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Variety of Cold Cereals Bagel with Cream Cheese Yogurt Cup Bananas Apple Juice Or Salad Bar with Chicken Gumbo (GF&DF) 1% & Skim White Milk	PIR Day No School	
30				27	
Teriyaki Chicken (GF) Potstickers Rice Sautéed Broccoli Pineapple Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk					

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup and Salad Bar

Veggies:

Black Olives
Broccoli
Carrots
Celery
Cucumber
Corn
Grape Tomatoes
Mixed Greens
Pickles
Sugar Snap Peas

Fresh Fruit:

Seasonal Varieties

Proteins:

Cheese
Chicken Strips
Cottage Cheese
Cream Cheese
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Sunflower Seeds
Turkey
Yogurt Variety

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Peanut Butter & Jelly Uncrustables
Rice Cakes

Dressings:

Balsamic Vinaigrette
Caesar
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.25

5-8 \$3.75

Adults \$4.25

Milk 55 cents

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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