





Anderson School Lunch March 2019

Mon	Tue	Wed	Thu	Fri
				1 Hamburger with or w/o Cheese Topping Station Baked Sweet Potato Waffle Fries Watermelon Or Salad Bar with Corn Chowder(GF) 1% & Skim White Milk Chocolate Glazed Donut
4	5	6	7	8
Ground Beef & Turkey Nachos Topping Station Nacho Cheese Sauce Refried Beans Oranges Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Ants on a Log Applesauce Cup Or Salad Bar with Beef Steak Noodle Soup 1% & Skim White Milk Skim Chocolate Milk	Baked Potato with or w/o Bacon & Sausage Topping Station Mozzarella Breadstick Marinara Green Grapes Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	Dutch Waffles Scrambled Cheesy Eggs Bacon Sugar Snap Peas Tropical Smoothie Or Salad Bar with Ham, Bean & Lentil Soup(GF&DF) 1% & Skim White Milk	Cheese or Pepperoni-Sausage Pizza Mixed Green Salad Cantaloupe Or Salad Bar with Clam Chowder 1% & Skim White Milk Ice Cream Sandwich
11	12	13	14	15
Orange Chicken Egg Roll Yakisoba Noodles Sautéed Broccoli Pineapple Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	BBQ Pulled Pork Sandwich Cole Slaw Baked Steak Fries Red Grapes Or Salad Bar with Chicken Noodle Soup(GF) 1% & Skim White Milk Skim Chocolate Milk Harvest of the Month Taste Testing Parmesan Butter Pasta	Spaghetti with Marinara & Meatballs Garlic Bread Peas Peaches Or Salad Bar with Broccoli Cheddar Soup 1% & Skim White Milk Skim Chocolate Milk	Variety of Cold Cereals Bagel with Cream Cheese Celery Sticks Mixed Berry Yogurt Parfait Grape Juice Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk	PIR Day No School
18	19	20	21	22
Spring Break March 18-22 No School				
25	26	27	28	29
Chicken & Cheese Quesadillas Rice Black Beans Mangos Or Salad Bar with Chicken & Dumpling 1% & Skim White Milk Skim Chocolate Milk	French Dip Broccoli Salad Baked Chips Watermelon Or Salad Bar with Split Pea & Ham Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Asparagus Pears Or Salad Bar with Italian Meatball Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Pancakes Scrambled Eggs Sausage Links Baby Carrots Blueberries Juice Pouch Or Salad Bar with Taco Soup (GF&DF) 1% & Skim White Milk	Popcorn Chicken Baked French Fries Sugar Snap Peas Apples Or Salad Bar with Turkey & Wild Rice Soup(GF&DF) 1% & Skim White Milk Lemon Bar

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup and Salad Bar

Veggies:

Black Olives
Carrots
Celery
Cucumber
Corn
Grape Tomatoes
Mixed Greens
Pickles
Red Peppers
Sugar Snap Peas

Fresh Fruit:

Seasonal Varieties

Proteins:

Chicken Strips
Cottage Cheese
Cream Cheese
Edamame Beans
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Shredded Cheese
Sunflower Seeds
Turkey
Yogurts

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Peanut Butter & Jelly Uncrustables
Rice Cake
Rolls

Dressings:

Balsamic Vinaigrette
Caesar
Italian
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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