

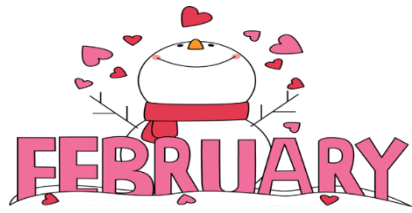



## Anderson School Lunch February 2019

Mon	Tue	Wed	Thu	Fri
1				
				Beef Hot Dog Topping Station Baked Beans Baked Potato Smiles Kiwi Or Salad Bar Turkey & Wild Rice Soup (GF&DF) 1% & Skim White Milk Magic Bar (have nuts)
2				
3				
4	5	6	7	8
Teriyaki Chicken Cream Cheese Wontons Rice Sautéed Asian Veggies Watermelon Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Peanut Butter & Jelly Sandwich Chicken Noodle Soup Sugar Snap Peas Applesauce Cup Or Salad Bar with Creamy Tomato Basil Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Baked Potato with or w/o Bacon & Sausage Topping Station Mozzarella Breadstick Marinara Green Grapes Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	Cinnamon Roll Sausage Patty Baby Carrots Strawberry-Banana Smoothie Or Salad Bar with Vegetable Beef Barley Soup(DF) 1% & Skim White Milk	Chicken Tenderloin Strips Baked French Fries Celery Sticks Cantaloupe Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk Rice Krispie Bar
9				
10				
11	12	13	14	15
Chicken Fajita Topping Station Tortilla Chips Mexican Beans Pineapple Or Salad Bar with Chicken Noodle Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Grilled Chicken in Pita Bread Topping Station Mediterranean Quinoa Salad Roasted Chick Peas Mixed Fruit Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	Ground Beef & Pork Lasagna Garlic Bread Caesar Salad Pears Or Salad Bar with Broccoli Cheddar Soup 1% & Skim White Milk Skim Chocolate Milk	Biscuits with Sausage Gravy Scrambled Eggs Hash Browns Strawberries Juice Pouch Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk Sprinkled Sugar Cookie <b>Harvest of the Month Taste Testing                      Beet Hummus</b>	<h1>No School</h1>
16				
17				
<h2>President's Day</h2>				
<h2>No School</h2>				
24				
25	26	27	28	1
Thai Curry Chicken Noodle Bowl(GF) Topping Station Potstickers Edamame Mandarin Oranges Or Salad Bar with Tomato Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Seared Flank Steak Mashed Potatoes & Gravy Roll Green Beans Wild Berry Cups Or Salad Bar with Chicken Noodle Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Chicken Alfredo over Penne Roll Caesar Salad Peaches Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Bacon, Sausage & Cheese Quiche English Muffin Tomato Juice Fruit Salad Or Salad Bar with Kale, White Bean & Ham Soup (GF&DF) 1% & Skim White Milk	Hamburger with or w/o Cheese Topping Station Baked Sweet Potato Waffle Fries Watermelon Or Salad Bar with Corn Chowder(GF) 1% & Skim White Milk Chocolate Glazed Donut

**All grains are whole wheat, wholegrain or multigrain**

**GF= gluten free**

**DF= dairy free**

## Soup and Salad Bar

### Veggies:

Black Olives  
Carrots  
Celery  
Cucumber  
Corn  
Grape Tomatoes  
Mixed Greens  
Pickles  
Red Peppers  
Sugar Snap Peas

### Fresh Fruit:

Seasonal Varieties

### Proteins:

Chicken Strips  
Cottage Cheese  
Cream Cheese  
Edamame Beans  
Garbanzo Beans  
Ham  
Hard Boiled Eggs  
Peanut Butter  
Shredded Cheese  
Sunflower Seeds  
Turkey  
Yogurts

### Grains:

Bagels  
Breadsticks  
Crackers  
Croutons  
Gluten Free Bread  
Granola  
Peanut Butter & Jelly Uncrustables  
Rice Cake  
Rolls

### Dressings:

Balsamic Vinaigrette  
Caesar  
Italian  
Poppy Seed  
Ranch

### Condiments:

Butter  
Jellies  
Ketchup  
Mustard  
Smart Balance

### Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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