

**Anderson School Lunch Menu January 2019**

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
<b>December 24- January 4 Winter Break</b>				
7	8	9	10	11
Chicken & Cheese Taquitos Topping Station Tortilla Chips Mexican Black Beans Peaches Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Ants on a Log Applesauce Cup Or Salad Bar with Beef Steak Noodle Soup 1% & Skim White Milk Skim Chocolate Milk	Penne Pasta Primavera with Grilled Chicken Garlic Bread Green Grapes Or Salad Bar with Creamy Tomato Basil Soup (GF) 1% & Skim White Milk Skim Chocolate Milk	Pancakes Scrambled Cheesy Eggs Mixed Berry Parfait Sugar Snap Peas Grape Juice Or Salad Bar with Taco Soup (GF&DF) 1% & Skim White Milk	Hamburger with or w/o Cheese Topping Station Baked French Fries Watermelon Or Salad Bar with Boston Clam Chowder 1% & Skim White Milk Vanilla Ice Cream Cup with Toppings
14	15	16	17	18
Pork & Veggie Ramen Noodle Bowl Topping Station Veggie Egg Roll Edamame Beans Mangos Or Salad Bar with Chicken Noodle Soup (DF) 1% & Skim White Milk Skim Chocolate Milk	BBQ Pulled Pork Sandwich Cole Slaw Baked Chips Honeydew Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk <b>Harvest of the Month Taste Testing Lentil Salad</b>	Grilled Chicken Caesar Salad Mozzarella Bread Stick Marinara Sauce Apples Or Salad Bar with Cream of Potato Soup (GF) 1% & Skim White Milk Skim Chocolate Milk	Ham, Egg & Cheese Breakfast Sandwich Hollandaise Sauce Hash Brown Patty Strawberry Cup Orange Juice Or Salad Bar with Chicken Tortilla Soup (GF&DF) 1% & Skim White Milk	Popcorn Chicken Sweet Potato Waffle Fries Corn Pears Or Salad Bar with Split Pea & Ham Soup (GF&DF) 1% & Skim White Milk Mini Donuts
21	22	23	24	25
<b>PIR Day No School</b>	BLT Sandwich Pasta Salad Baked Chips Pineapple Or Salad Bar with Chicken & Dumplings Soup 1% & Skim White Milk Skim Chocolate Milk	Chicken Parmesan Spaghetti Breadstick Peas Cantaloupe Or Salad Bar with Tomato Soup (DF) 1% & Skim White Milk Skim Chocolate Milk	Variety of Cold Cereals Bagel with Cream Cheese Yogurt Cup Bananas Apple Juice Or Salad Bar with Beef & Turkey Chili (GF&DF) 1% & Skim White Milk	Cheese Bread Marinara Sauce Mixed Green Salad Blueberries Or Salad Bar with French Onion Soup (GF&DF) 1% & Skim White Milk Carnival Cookie
28	29	30	31	
Ground Beef & Turkey Nachos (GF) Topping Station Pinto Beans Mandarin Oranges Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	French Dip Baked Steak Fries Cucumber Salad Red Grapes Or Salad Bar with Chicken Gumbo (GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Green Beans Mixed Fruit Or Salad Bar with Italian Meatball Soup (DF) 1% & Skim White Milk Skim Chocolate Milk	Waffles Scrambled Cheesy Eggs Bacon Oranges Grape Juice Or Salad Bar with Southwestern Pork & Bean Soup (GF&DF) 1% & Skim White Milk	Beef Hot Dog Topping Station Baked Beans Baked Potato Smiles Kiwi Or Salad Bar Turkey & Wild Rice Soup (GF&DF) 1% & Skim White Milk Magic Bar

**All grains are whole wheat, wholegrain or multigrain**

**GF= gluten free**

**DF= dairy free**

## Soup and Salad Bar

### Veggies:

Black Olives  
Carrots  
Celery  
Cucumber  
Corn  
Grape Tomatoes  
Mixed Greens  
Pickles  
Red Peppers  
Sugar Snap Peas

### Fresh Fruit:

Seasonal Varieties

### Proteins:

Chicken Strips  
Cottage Cheese  
Cream Cheese  
Edamame Beans  
Garbanzo Beans  
Ham  
Hard Boiled Eggs  
Peanut Butter  
Shredded Cheese  
Sunflower Seeds  
Turkey  
Yogurts

### Grains:

Bagels  
Breadsticks  
Crackers  
Croutons  
Gluten Free Bread  
Granola  
Peanut Butter & Jelly Uncrustables  
Rice Cake  
Rolls

### Dressings:

Balsamic Vinaigrette  
Caesar  
Italian  
Poppy Seed  
Ranch

### Condiments:

Butter  
Jellies  
Ketchup  
Mustard  
Smart Balance

### Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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