

September 7th, 2018

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# PANTHER PAW

# NEWSLETTER



## OPEN HOUSE IS SEPTEMBER 11th

We will be having our traditional open house format this year on September 11th. Parents of students in grades K-4 are invited to the classroom from 6:15-6:45 to hear important information from the teacher and answer questions in regards to your child's school year. At 6:50, All parents are asked to meet in the gym for a 25 minute presentation with Mr. McDowell and APC. Immediately following the meeting in the gym parents of 5th-8th graders will have an opportunity to learn about the curriculum, activities, and events for the school year (7:20-7:50) This is a great opportunity to learn more about the school, our instructional programs, the MTSS system, and meet our great staff. We hope to see you there on Wednesday night!

## APC NEWS!

**The next Anderson Parent Council meeting is **September 12th, at 2pm!****

All parents are welcome! Come learn more about APC and help us with the many programs we put on throughout the year at Anderson School that benefits our community.

### **Shop Amazon and Support Anderson!**

Do you have an Amazon account? Do you know that when you shop at [smile.amazon.com](https://smile.amazon.com) that Amazon donates to your favorite charitable organization? Did you know that you can donate money to the Anderson Parent Council every time you place an Amazon order? It's super easy...all you have to do is:

Go to <http://www.amazon.com> and log-in to your account.

Type in **Amazon Smile Account Sign In** in the search bar.

Select the Amazon Smile icon, and then underneath the search bar in yellow is the word "**Supporting**" and you can click on the down arrow and choose **Anderson Parent Council Inc**, and a percentage of your order will be donated to the Anderson Parent Council. It's really that simple! We thank you for all of your support. If you have any questions or problems, please email APC at [apc@andersonmt.org](mailto:apc@andersonmt.org).

## 7th and 8th Grade Extensions

Did you know that every Friday afternoon Anderson 7th and 8th graders take classes that help encourage passion and life-long learning? These rewarding and enriching classes are taught by volunteers! We are looking for new volunteers to teach a class. The classes are from 2:00-3:15 and are usually 3-5 Fridays in a row. Any hobby and/or talent that might interest middle school students can be considered. We have had classes on car mechanics, Yoga, financial skills, painting and Veterinary Science, ( and everything in between)! Any topic that would help our students learn new skills is welcome.

**Our first block of Extensions will be September 21, Oct 5 and Oct 12; from 2:00-3:15.**

**The next block will be Oct 26, Nov 2, 16 and 30th, and then Dec 7, 14, and 21.**

**Please contact Mrs. Jen Wold at school if you are interested or know someone who might be?**

**[jwold@andersonmt.org](mailto:jwold@andersonmt.org)**

## Anderson Wall of Fame!

We are looking for Anderson School Alumni for our Wall of Fame! We would like to showcase students who graduated and went on to successful careers to show our students what is possible with hard work and determination. Please send Mrs. Wold an email if you know of any awesome alumni! [jwold@andersonmt.org](mailto:jwold@andersonmt.org)

## Signs of Suicide Parent Night

Ms. Dickson will be hosting a meeting at 5pm on September 17th for our suicide prevention program in 7th-8th grade- Signs of Suicide (SOS). More information will be coming to junior high parents via Ms. Dickson next week.

## Guidance Update!

Welcome Back Panther Families! My name is Charlotte Dickson and this is my 17<sup>th</sup> year as the Anderson School counselor, and I am excited to get started on another great year! I am here to help your children navigate through the wonderful and sometimes challenging school year. This year I will be in each classroom on a regular basis. In K-5 grades, I will be using the Second Step Curriculum and teaching students about skills for learning, empathy, handling emotions and problem solving. In the 6-8 grades, I will be working with Mr. Olson to teach

social skills during health classes. Stay tuned for more detailed information on what is being taught specifically in your student's class coming home during the year. I am also here to help advocate for your child, and help your family throughout the school year. Please know that if you have concerns about your child, I am glad to help in any way I can. You can reach me via email: [cdickson@andersonmt.org](mailto:cdickson@andersonmt.org) or via telephone: 406.587.1305 ext. 102 and I will respond as quickly as I am able to.

Best wishes,  
Charlotte

## Girls On The Run

Thrive's Girls on the Run (GOTR) program is coming to Gallatin Gateway School for girls in grades 3-5 and Anderson students may join! It begins on Monday, September 10 and will meet two days a week (Monday & Wednesday) at GGS for ten weeks. The program is scheduled to run from 3:30-5:00, but they will alter that start time to accommodate travel time for students from neighboring schools, if needed. The Fall program will culminate with the girls running a 5K together - this Fall's race will be the Food Bank's Huffing for Stuffing. Registration for GOTR closes on Friday, September 7, and scholarships are available through Thrive for those needing financial assistance. (The cost of registration is \$100.) <https://allthrive.org/gotr-registration/>

## September Nurse Note

Thank you to all of the parents who have brought their child's updated vaccine records into Liz. Thank you also to all of the parents who have stopped by the front desk and taken a moment to review your child's health care plan or asthma plan. If you have changes to the plan or questions, please feel free to contact me at [Julie.ruff@montana.edu](mailto:Julie.ruff@montana.edu). I am happy to meet with you in person or on the telephone. Next month on October 10 and 17 we will be assessing all students' vision. This is a screening only and is not diagnostic but is a first step in checking for any changes which may have occurred in the last year. If your child wears prescription glasses or contact lenses, we ask that they have them on hand for the screening. In the event that a referral to a vision expert is recommended, you will receive a letter in your child's backpack on the day of your child's vision exam. A referral to the ophthalmologist or optometrist does not necessarily mean that glasses will be required; however more sophisticated and diagnostic equipment is available to confirm vision acuity and vision health in these settings. For students who may need a new pair of glasses assistance with the cost of glasses can be secured through the Lions club. I am available to assist if needed. Lastly, if your child needs a physical exam or a sports physical before the basketball season begins, please feel free to contact me at the email listed above. Exams may be scheduled at no charge during the school day or immediately following the school day.

Julie Ruff-Anderson School Nurse

## September Harvest of the Month: Kale

This month we are celebrating kale, a champion cold weather vegetable and super nutritious food! It is a tasty addition to salad or soup, and kale can be made into crispy chips as well! Kale is an excellent source of vitamins

K, A and C. These nutrients are essential for maintaining good health. Kale is also a source of calcium, which is necessary for building strong bones; something active kids need while growing and playing! Kale is awesome for Montana gardens and can handle cold weather. After a light freeze it will sweeten, making it a fantastic fall snack for salads, soups, or crispy kale chips. This month, local kale will be featured for a taste test and menu item on Wednesday, September 19<sup>th</sup>. Students can vote if they “Tried it, Liked it, or Loved it” after trying the Harvest of the Month item in the Anderson cafeteria.

## Part-Time Food Service Employee Needed!

Do you love food? Do you like hanging out with kids? We are seeking a part-time food service worker for our soup and salad bar. Position is 4-8 hours per week, generally 10-2pm (1-2 days a week). If interested email the office at [schooloffice@andersonmt.org](mailto:schooloffice@andersonmt.org)

## Part-Time Custodian Needed!

We are looking for a part-time custodian to join our staff. The position is four hours per week (either Friday night or Sunday night) after 4 pm. If interested email the office at [schooloffice@andersonmt.org](mailto:schooloffice@andersonmt.org)

## QUESTIONS?

Check out our updated website!

[www.andersonmt.org](http://www.andersonmt.org)

Still have questions? Give us a call! 587-1305



**A Special Thank You To Our Continued Supporters of  
Academic & Athletic Excellence At Anderson School...**

