

## Anderson School Lunch Menu December 2018

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
Teriyaki Chicken Cream Cheese Wontons Ramen Noodles Sautéed Asian Veggies Pineapple Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	Peanut Butter & Jelly Sandwich Chicken Noodle Soup Carrots & Celery Sticks Pears Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Spaghetti with Marinara & Meatballs Garlic Bread Green Beans Watermelon Or Salad Bar with Minestrone Soup 1% & Skim White Milk Skim Chocolate Milk	French Toast Sticks Scrambled Cheesy Eggs Bacon Oranges Juice Pouch Or Salad Bar with Cream of Potato(GF) 1% & Skim White Milk	Cheese or Pepperoni-Sausage Pizza Mixed Green Salad Apples Or Salad Bar with Cream of Broccoli Cheddar 1% & Skim White Milk Brownie
10	11	12	13	14
Grilled Chicken Burrito Topping Station Rice Mexican Beans Mandarin Oranges Or Salad Bar with Tomato Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Breaded Chicken Patty Sandwich Topping Station Baked Chips Potato Salad Strawberries Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk <b>Harvest of the Month Taste Testing Carrots</b>	Baked Potato with or w/o Bacon & Sausage(GF) Topping Station Mozzarella Breadstick Marinara Cantaloupe Or Salad Bar with Chicken & Dumpling 1% & Skim White Milk Skim Chocolate Milk	Chicken Fried Steak with Gravy Scrambled Eggs Hash Browns Berry Fruit Cup Apple Juice Or Salad Bar with Vegetable Beef Barley(DF) 1% & Skim White Milk	Soft Pretzel Cheese Sauce Cauliflower & Broccoli Apple Sauce Or Salad Bar with Thai Curry Chicken Noodle(DF&GF) 1% & Skim White Milk Chocolate-Vanilla Swirl Pudding with Whipped Cream
17	18	19	20	21
Shrimp Pad Thai Noodle Bowl(GF) Topping Station Fried Tofu Mangos Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Ham, Turkey, Salami, Cheddar & Provolone Ciabatta Sandwich Topping Bar Baked Chips Broccoli Salad Peaches Or Salad Bar with Chicken Noodle Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Chicken Alfredo over Penne Roll Caesar Salad Red Grapes Or Salad Bar with Ham, Bean & Lentil Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Cinnamon Roll Sausage Links Sugar Snap Peas Bananas Wildberry Smoothie Or Salad Bar with Tomato Ravioli 1% & Skim White Milk	Corn Dog Tater Tots Corn Kiwi Or Salad Bar with Cream of Mushroom Soup(GF) 1% & Skim White Milk Holiday Sugar Cookie
24	25	26	27	28
<b>December 24- January 4 Winter Break</b>				
31				

**All grains are whole wheat, wholegrain or multigrain**

**GF= gluten free**

**DF= dairy free**

## Soup and Salad Bar

### Veggies:

Black Olives  
Carrots  
Celery  
Cucumber  
Corn  
Grape Tomatoes  
Mixed Greens  
Pickles  
Red Peppers  
Sugar Snap Peas

### Fresh Fruit:

Seasonal Varieties

### Proteins:

Chicken Strips  
Cottage Cheese  
Cream Cheese  
Edamame Beans  
Garbanzo Beans  
Ham  
Hard Boiled Eggs  
Peanut Butter  
Shredded Cheese  
Sunflower Seeds  
Turkey  
Yogurts

### Grains:

Bagels  
Breadsticks  
Crackers  
Croutons  
Gluten Free Bread  
Granola  
Peanut Butter & Jelly Uncrustables  
Rice Cake  
Rolls

### Dressings:

Balsamic Vinaigrette  
Caesar  
Italian  
Poppy Seed  
Ranch

### Condiments:

Butter  
Jellies  
Ketchup  
Mustard  
Smart Balance

### Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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