

Anderson School Lunch Menu May 2018

Mon	Tue	Wed	Thu	Fri
	1 BBQ Pulled Pork Sandwich Baked Chips Cole Slaw Watermelon Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	2 Grilled Chicken Caesar Salad(GF) Garlic Bread Mangos Or Salad Bar with Creamy Tomato Basil Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	3 Bacon, Egg & Cheese English Muffin Breakfast Sandwich Hash Brown Patty Blueberries Tomato Juice Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk	4 Cheese or Pepperoni-Sausage Pizza Mixed Green Salad Cantaloupe Or Salad Bar with Kale, White Bean & Sausage Soup(GF&DF) 1% & Skim White Milk Ice Cream Sandwich
7 Orange Chicken Chicken & Veggie Potstickers Rice Sautéed Broccoli Pineapple Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	8 Breaded Chicken Patty Sandwich Topping Station Baked Chips Broccoli Salad Pears Or Salad Bar with Chicken Noodle Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	9 Rotini Pasta Primavera with Grilled Chicken Roll Red Grapes Or Salad Bar with Broccoli Cheddar Soup 1% & Skim White Milk Skim Chocolate Milk	10 French Toast Sticks Scrambled Cheesy Eggs Sausage Patty Celery Sticks Strawberry-Banana Smoothie Or Salad Bar with Chicken Tortilla(GF&DF) 1% & Skim White Milk	11 Hamburger with or w/o Cheese Selection Baked French Fries Carrot Sticks Plums Or Salad Bar with Boston Clam Chowder 1% & Skim White Milk Brownie
14 Chicken & Cheese Taquitos Fried Rice Black Beans Peach Cup Or Salad Bar with Creamy Tomato Basil Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	15 Grilled Cheese Sandwich Tomato Soup Sugar Snap Peas Apple Sauce Cup Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	16 Baked Potato with or w/o Bacon & Sausage Topping Station Mozzarella Bread Stick Marinara Sauce Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	17 Variety of Cold Cereals Yogurt Cup Bagel with Cream Cheese Bananas Apple Juice Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk	18 Popcorn Chicken Baked Waffle Fries Mixed Green Salad Watermelon Or Salad Bar with Corn Chowder(GF) 1% & Skim White Milk M&M Cookie
21 Pork & Veggie Ramen Noodle Bowl Topping Station Veggie Egg Roll Mandarin Orange Cup Or Salad Bar with Tomato Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	22 French Dip Sandwich Baked Potato Wedges Cucumber Slices Honeydew Or Salad Bar with Chicken Gumbo Soup(DF) 1% & Skim White Milk Skim Chocolate Milk Harvest of the Month Taste Testing Lentil Salad	23 Spaghetti with Marinara & Meatballs Breadstick Caesar Salad Pears Or Salad Bar with Asian Chicken Wonton Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	24 Chicken Fried Steak with Gravy Scrambled Eggs Hash Browns Strawberry Cup Orange-Pineapple Juice Or Salad Bar with Ham & Bean Soup(GF&DF) 1% & Skim White Milk	<h1 style="font-size: 2em;">No School</h1>
28 <h1 style="font-size: 2em;">No School Memorial Day Holiday</h1>	29 BLT Sandwich Baked Chips Lentil Salad Mixed Fruit Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	30 Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Peas Apples Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	31 Cinnamon Roll Scrambled Cheesy Eggs Bacon Carrot Sticks Mixed Berry Smoothie Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk	

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup & Salad Bar

Veggies:

Black Olives
Carrots
Celery
Cucumber
Tomatoes
Corn
Mixed Greens
Pickles
Red Peppers
Sugar Snap Peas

Fresh Fruit:

Seasonal Varieties

Proteins:

Chicken Strips
Cottage Cheese
Cream Cheese
Edamame Beans
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Shredded Cheese
Sunflower Seeds
Turkey
Yogurts

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Peanut Butter & Jelly Uncrustables
Rice Cake
Rolls

Dressings:

Balsamic Vinaigrette
Caesar
Italian
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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