



Anderson School Lunch Menu March2018

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31				

			1 Variety of Cold Cereals Bagel with Cream Cheese Yogurt Cup Bananas Orange Juice Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk	2 Cheese or Pepperoni-Sausage Pizza Mixed Green Salad Strawberries Or Salad Bar with Kale, White Bean & Sausage Soup(GF&DF) 1% & Skim White Milk Rice Krispy Bar
5	6	7	8	9
Chicken Chow Mein Crispy Chinese Noodles Chicken & Veggie Potstickers Mangos Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Kale Chips Apples Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Rotini Pasta Primavera with Grilled Chicken Garlic Bread Red Grapes Or Salad Bar with Broccoli Cheddar Soup 1% & Skim White Milk Skim Chocolate Milk	French Toast Sticks Bacon Scrambled Cheesy Eggs Fruit Salad Mixed Berry Juice Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk	<h1 style="text-align: center;">PIR Day No School</h1>
12	13	14	15	16
<h2 style="text-align: center;">March 12-16 Spring Break</h2>				
19	20	21	22	23
Chicken Fajitas Topping Station Rice Black Bean Salad Mandarin Oranges Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	BBQ Pulled Pork Sandwich Cole Slaw Baked Chips Pears Or Salad Bar with Tomato Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Spaghetti with Marinara & Meatballs Caesar Salad Breadstick Cantaloupe Or Salad Bar with Ham & Bean Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Banana & Blueberry Muffins Ham & Cheese Eggs Strawberry Cup Tropical Smoothie Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk Harvest of the Month Taste Testing Grass Fed Organic Beef	Grass Fed Organic Hamburger with or w/o Cheese Selection Topping Station Baked French Fries Watermelon Or Salad Bar with Minestrone Soup 1% & Skim White Milk Sugar Cookie
26	27	28	29	30
Pork & Veggie Ramen Noodle Bowl Topping Station Veggie Egg Roll Pineapple Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	French Dip Sandwich Baked Potato Wedges Green Grapes Or Salad Bar with Vegetable Beef Barley Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Chef Salad Topping Station Mozzarella Break Stick Peaches Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	Cinnamon Roll Sausage Links Yogurt Cup Oranges Apple Juice Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk	Beef Hot Dog Topping Station Baked Beans Potato Smiles Apple Sauce Cup Or Salad Bar with Boston Clam Chowder 1% & Skim White Milk Ice Cream Bar

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup and Salad Bar

Veggies:

Black Olives
Carrots
Celery
Cucumber
Tomatoes
Corn
Mixed Greens
Pickles
Red Peppers
Sugar Snap Peas

Fresh Fruit:

Seasonal Varieties

Proteins:

Chicken Strips
Cottage Cheese
Cream Cheese
Edamame Beans
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Shredded Cheese
Sunflower Seeds
Turkey
Yogurts

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Peanut Butter & Jelly Uncrustables
Rice Cake
Rolls

Dressings:

Balsamic Vinaigrette
Caesar
Italian
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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