

Anderson School Lunch Menu February 2018

Mon	Tue	Wed	Thu	Fri
			1 Belgium Waffles Sausage Links Scrambled Eggs Strawberries with Whipped Cream Pineapple-Orange Juice Or Salad Bar with Creamy Tomato Basil(GF) 1% & Skim White Milk	2 Corn Dog Tater Tots Corn Watermelon Or Salad Bar with Boston Clam Chowder 1% & Skim White Milk Magic Bar
5 Chicken & Cheese Sour Cream Enchiladas Rice Black Beans Oranges Or Salad Bar with Chicken Noodle Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	6 Ham, Salami, Turkey, Cheddar & Provolone Sub Sandwich Topping Station Baked Chips Celery Sticks Apples Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	7 Grilled Chicken Caesar Salad Garlic Bread Red Grapes Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	8 Pancakes Bacon Scrambled Cheesy Eggs Bananas Apple Juice Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk	9 Popcorn Chicken Baked French Fries Mixed Green Salad Pears Or Salad Bar with Corn Chowder(GF) 1% & Skim White Milk Sugar Cookie
12 Shrimp Pad Thai(GF) Rice Noodles Crispy Cream Cheese Wontons Pineapple Or Salad Bar with Chicken & Dumpling 1% & Skim White Milk Skim Chocolate Milk	13 Peanut Butter & Jelly Sandwich Chicken Noodle Soup Carrot Sticks Applesauce Cup Or Salad Bar with Southwestern Pork & Bean Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	14 Baked Potato with or w/o Bacon & Sausage Topping Station Mozzarella Bread Stick Mangos Or Salad Bar with Italian Meatball Soup(DF) 1% & Skim White Milk Skim Chocolate Milk Harvest of the Month Taste Testing Roasted Beet Hummus	15 Chicken Fried Steak with Gravy Scrambled Eggs Hash Browns Strawberry Cup Apple-Grape Juice Or Salad Bar with Chicken Tortilla Soup(GF) 1% & Skim White Milk	<h1 style="text-align: center;">No School</h1>
<h1 style="text-align: center;">Presidents' Day No School</h1>	20 BLT Sandwich Baked Chips Sugar Snap Peas Peaches Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	21 Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Green Beans Mixed Fruit Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	22 Cinnamon Roll Scrambled Ham & Cheese Eggs Mixed Berry Parfait Fruit Punch Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk	23 Soft Pretzel Cheddar Cheese Sauce Broccoli & Cauliflower Trees Cantaloupe Or Salad Bar with Thai Curry Chicken Noodle Soup(GF&DF) 1% & Skim White Milk Raspberry Jell-O with Whipped Cream
26 Battered Cod Soft Shell Tacos Topping Station Tortilla Chips Pinto Beans Mandarin Oranges Or Salad Bar with Turkey & Rice Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	27 Breaded Chicken Patty Sandwich Topping Station Potato Salad Peach Cup Or Salad Bar with Creamy Tomato Basil Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	28 Chicken Alfredo over Penne Breadstick Peas Blueberries Or Salad Bar with Beef & Bean Chili(GF&DF) 1% & Skim White Milk Skim Chocolate Milk		

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup and Salad Bar

Veggies:

Black Olives
Carrots
Celery
Cucumber
Tomatoes
Corn
Mixed Greens
Pickles
Red Peppers
Sugar Snap Peas

Fresh Fruit:

Seasonal Varieties

Proteins:

Chicken Strips
Cottage Cheese
Cream Cheese
Edamame Beans
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Shredded Cheese
Sunflower Seeds
Turkey
Yogurts

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Peanut Butter & Jelly Uncrustables
Rice Cake
Rolls

Dressings:

Balsamic Vinaigrette
Caesar
Italian
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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