


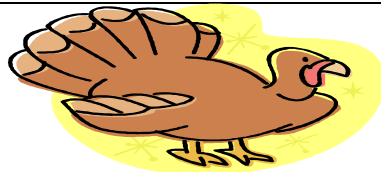


Anderson School Lunch Menu November 2017

Mon	Tue	Wed	Thu	Fri
		1 Baked Potato Topping Station Mozzarella Bread Stick Kale Chips Green Grapes Or Salad Bar with Beef Steak Noodle Soup 1% & Skim White Milk Skim Chocolate Milk	2 Pancakes Scrambled Cheese Eggs Sausage Patty Celery Sticks Oranges Fruit Punch Juice Box Or Salad Bar with Chicken Tortilla (GF&DF) 1% & Skim White Milk	3 Cheese or Pepperoni-Sausage Pizza Mixed Green Salad Pears Or Salad Bar with Clam Chowder Soup 1% & Skim White Milk Vanilla Ice Cream with Toppings
6	7	8	9	10
Chicken & Cheese Taquitos Tortilla Chips Queso Dip Black Beans Cantaloupe Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Celery Sticks Peaches Or Salad Bar with Vegetable Beef Barley Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Peas Apples Or Salad Bar with Cream of Broccoli 1% & Skim White Milk Skim Chocolate Milk	Biscuits with Sausage Gravy Scrambled Eggs Hash Brown Patty Baby Carrots Strawberries Or Salad Bar with Taco Soup (GF&DF) 1% & Skim White Milk Early Release 12:30	<h1 style="font-size: 2em;">No School</h1>
13	14	15	16	17
Shrimp Pad Thai Rice Noodles Crispy Cream Cheese Wontons Pineapple Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	French Dip Baked Potato Wedges Broccoli Salad Red Grapes Or Salad Bar with Ham, Bean & Lentil Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Grilled Chicken Caesar Salad Garlic Bread Apples Or Salad Bar with Kale, White Bean & Sausage Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk Harvest of the Month Taste Testing Regional Organic Apples	Waffles Bacon Sugar Snap Peas Oranges Tropical Smoothie Or Salad Bar with Italian Meatball Soup(DF) 1% & Skim White Milk	Chicken Tenderloin Strips Baked Sweet Potato Waffle Fries Cauliflower Peach Cup Or Salad Bar with Shrimp Bisque Soup (GF) 1% & Skim White Milk Chocolate Chip Cookie
20	21	22	23	24
Ground Beef Hard Shell Tacos Topping Station Rice Pinto Beans Mangos Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Grandparent's Day! Roast Pork Loin Roll Garlic Smashed Potatoes & Gravy Buttered Peas Strawberry-Applesauce Or Salad Bar with Butternut Bisque Soup(GF) Cherry Crisp with Vanilla Ice Cream 1% & Skim White Milk Skim Chocolate Milk	<h1 style="font-size: 2em;">No School Thanksgiving Break</h1>		<h1 style="font-size: 2em;">No School Thanksgiving Break</h1>
27	28	29	30	
Teriyaki Chicken Veggie Egg Roll Asian Rice Sautéed Broccoli Mandarin Oranges Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	BBQ Pulled Pork Sandwich Baked Chips Coleslaw Celery Applesauce Cup Or Salad Bar with Chicken Noodle Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Spaghetti with Marinara & Meatballs Breadstick Mixed Green Salad Honeydew Or Salad Bar with Asian Chicken Wonton Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Cinnamon Roll Scrambled Cheesy Eggs Yogurt cup Bananas Apple Juice Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup and Salad Bar

Veggies:

Black Olives
Carrots
Celery
Cucumber
Tomatoes
Corn
Mixed Greens
Pickles
Red Peppers
Sugar Snap Peas

Fresh Fruit:

Seasonal Varieties

Proteins:

Chicken Strips
Cottage Cheese
Cream Cheese
Edamame Beans
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Shredded Cheese
Sunflower Seeds
Turkey
Yogurts

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Peanut Butter & Jelly Uncrustables
Rice Cake
Rolls

Dressings:

Balsamic Vinaigrette
Caesar
Italian
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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