

Anderson School Lunch Menu October 2017

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
Thai Curry Chicken Noodle Bowl(GF) Topping Station Fried Tofu Crispy Cream Cheese Wontons Mangos Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	Peanut Butter & Jelly Sandwich Chicken Noodle Soup Carrots & Celery Sticks Apples Or Salad Bar with Ham & Lentil Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Rotini Pasta Primavera with Grilled Chicken Mozzarella Bread Stick Peach Cup Or Salad Bar with Creamy Tomato Basil Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Banana & Blueberry Muffins Sausage Links Mixed Berry Parfait Orange-Pineapple Juice Or Salad Bar with Chicken Tortilla(GF&DF) 1% & Skim White Milk	Beef Hot Dog Topping Station Baked Beans Baked Potato Smiles Watermelon Or Salad Bar with French Onion Soup(GF&DF) Mud Pie 1% & Skim White Milk
9	10	11	12	13
Chicken Fajita Topping Station Tortilla Chips Black Bean Salad Mandarin Oranges Or Salad Bar with Asian Chicken Wonton Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Grilled Chicken in Pita Bread Topping Station Mediterranean Quinoa Salad Roasted Chick Peas Pears Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk Skim Chocolate Milk	Spaghetti Tacos with Meat Sauce Peas Red Grapes Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Cinnamon Roll Scrambled Cheesy Eggs Yogurt Cup Cantaloupe Apple Juice Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk	Soft Pretzel Cheese Sauce Cauliflower & Broccoli Oranges Or Salad Bar with Vegetable Beef Barley Soup(DF) Donut 1% & Skim White Milk
16	17	18	19	20
Orange Chicken Pot Stickers Rice Sautéed Asian Veggies Honeydew Or Salad Bar with Chicken Noodle Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Chicken Patty Sandwich Topping Station Baked Chips Potato Salad Strawberry Cup Or Salad Bar with Tomato Ravioli Soup 1% & Skim White Milk Skim Chocolate Milk	Lasagna Garlic Bread Caesar Salad Mixed Fruit Or Salad Bar with Chicken Tortilla Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	<h2 style="margin: 0;">PIR Day No School</h2>	<h2 style="margin: 0;">PIR Day No School</h2>
23	24	25	26	27
Chicken & Cheese Enchiladas Topping Station Rice Refried Beans Pineapple Or Salad Bar with Tomato Soup(DF) 1% & Skim White Milk Skim Chocolate Milk	Beef & Bean Chili(GF) Topping Station Cornbread Watermelon Or Salad Bar with Turkey & Rice Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	Chicken Alfredo over Penne Roll Sautéed Asparagus Peaches Or Salad Bar with Taco Soup(GF&DF) 1% & Skim White Milk Skim Chocolate Milk	French Toast Sticks Scrambled Cheesy Eggs Bacon Blueberries Grape Juice Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk	Hamburger with or w/o Cheese Topping Station Baked French Fries Sugar Snap Peas Applesauce Cup Or Salad Bar with Cream of Mushroom Soup(GF) Frosted Sugar Cookie 1% & Skim White Milk
30	31	31		
Chicken Chow Mein(GF) Crispy Chinese Noodles Mandarin Oranges Or Salad Bar with Cream of Potato Soup(GF) 1% & Skim White Milk Skim Chocolate Milk	Roast Turkey Mashed Potatoes & Gravy Roll Green Beans Cranberry Sauce Or Salad Bar with Creamy Tomato Basil Soup(GF) 1% & Skim White Milk Skim Chocolate Milk			

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup & Salad Bar

Veggies:

Black Olives
Carrots
Celery
Corn
Cucumber
Mixed Greens
Pickles
Red Peppers
Sugar Snap Peas
Tomatoes

Fresh Fruit:

Seasonal Varieties

Proteins:

Chicken Strips
Cottage Cheese
Cream Cheese
Edamame Beans
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Shredded Cheese
Sunflower Seeds
Turkey
Yogurts

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Rice Cakes
Rolls

Dressings:

Balsamic Vinaigrette
Caesar
Italian
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.00

5-8 \$3.50

Adults \$4.00

Milk .50c

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

Sally Donch
Food Service Director
Anderson School
10040 Cottonwood Rd.
Bozeman, MT. 59718
406-587-1305 ext. 109
406-587-2501- fax