

Hello Anderson Families,

Please join us Monday, June 6th for our second annual Anderson End-of-the-School-Year Barbeque Luncheon. Our kitchen will be preparing a feast to celebrate the end of a wonderful school year and the success of our second year with our own hot lunch, soup and salad bar program. Please invite any family and friends for this event. The cost for lunch will be \$2.70 for children Kindergarten-4th grade, \$3.00 5th-8th grade, \$3.25 for adults and will be deducted from your child's lunch account (we don't keep money or change in the lunch room.) Please meet your child(ren) in our gymnasium-lunch room at the following times:

Kindergarten- 11:30

1st grade-11:35

2nd grade-11:40

3rd grade-11:45

4th grade-11:50

5th grade-12:00

6th grade-12:05

7th grade-12:10

8th grade-12:15

Kindergarten through 4th grade will have until 12:30 to eat, socialize, play etc. and then go back to their classrooms. 5th-8th grades will have until 1:00. Hopefully the weather will co-operate so we can go outside and eat. We will have tables set up in the gym for dining regardless of the weather.

I am looking for some parent volunteers to help us set up, serve and/or clean up after lunch. You will receive a complimentary lunch for helping. Please let me or your child's teacher know if this is something you would like to do.

Please return the following rsvp slip (included with your June lunch menu) with your child by this Friday, June 3rd. Please send back only one response per family.

I wanted to give a personal "thank you" to all of you who have supported the lunch program. Please know that my goal here at Anderson is to give our children and staff the highest quality of affordable, fresh, whole foods (with a treat here and there!) available to me that they will like or eventually learn to like. This has and will continue to be a learning process for myself, but I am striving to make our lunches as healthy as possible without all of the food additives and processing. With our nation becoming more and more aware of what high fat, high sugar, highly processed low nutrient foods can do to our bodies, things are and will continue to change. The more we buy and demand whole, real foods, the more they will be available to us at lower costs. Check out Chef Jamie Oliver's School Food Revolution on his website at www.jamieoliver.com and see what he's been doing to change the lunch programs throughout America. Our First Lady, Michelle Obama is even on board making her first initiative to get school lunches healthier. Change can happen!

I wish everyone an awesome summer! I hope to see you at our barbeque!

Sincerely,

Sally Handsaker-Donch
Food Service Director – Head Chef
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Anderson School Lunch Menu June 2011

Mon	Tue	Wed	Thu	Fri
		1	2	3
		Wholegrain Macaroni & Cheese Wheat Roll Sautéed Broccoli Red Grapes Or Soup & Salad Bar Skim, 1% White or 1% Chocolate Milk	Wholegrain French Toast Sticks Bacon Sugar Snap Peas Raspberry Smoothie Or Soup & Salad Bar Skim or 1% White Milk	Chicken Tenderloin Strips Potato Wedges Mangos Rice Krispies Treat Or Soup & Salad Bar Skim or 1% White Milk
6	7	8	9	10
<p><u>End-of-the-Year Family BBQ</u> Cheeseburgers Hotdogs Pulled Pork Baked Beans Coleslaw Macaroni Salad Potato Salad Mixed Green Salad Baked Potato Chips Corn of the Cob Watermelon Sundae Station Raspberry Lemonade, Iced Tea & Milk Variety</p> <p style="text-align: center;">No Soup & Salad Bar</p>	<p style="text-align: center;"><u>Pizza Party Day</u> Choice of Cheese or Pepperoni Pizza Mixed Green Salad Apples</p> <p style="text-align: center;">No Soup & Salad Bar</p>	<p style="text-align: center;"><u>Sack Lunch Day</u> Choice of Ham & Cheese, Turkey & Cheese or Peanut Butter & Jelly Sandwich on Wheat Bread Baked Sun Chips Baby Carrot Sticks Mixed Fruit Cup Wholegrain Chocolate Chip Cookie Choice of Milk Variety or Juice Box</p> <p style="text-align: center;">No Soup & Salad Bar</p> <p style="text-align: center;">Last Day of School! Early Dismissal 12:30</p>		

Cut along the dotted line

Please return the following rsvp slip with your child by this Friday, June 3rd. Please send back only one response per family.

We will will not (please circle one) be attending the Anderson School Barbeque Lunch on Monday, June 6th.

Family name _____

Number of adults _____

Number of children (please include your child(ren) that attend Anderson School) _____

Soup & Salad Bar

Veggies:

Mixed Greens (Romaine & Spinach)
Baby Carrots
Broccoli Florets
Cauliflower Florets
Celery Sticks
Cherry Tomatoes
Pickle Spears
Red Pepper Sticks
Shredded Radish
Sliced Cucumber
Sliced Black Olives
Slice Onions
Sugar Snap Peas

Proteins:

Fat Free Cottage Cheese
Low Fat Cream Cheese
Strawberry Cream Cheese
Shredded Low Fat Cheddar & Mozzarella Cheese
Variety Low Fat Yogurts
Cubed Ham
Cubed Turkey
Cubed Breaded Chicken
Chopped Hard Boiled Eggs
Garbanzo Beans
Real Bacon Bits
Sunflower Nuts
Walnuts
Peanut Butter

Fresh Fruit:

Seasonal Varieties

Dressings:

Ranch
Balsamic Vinaigrette
Italian
Caesar
Poppy Seed
Sesame

Grains:

Wheat Croutons
Whole Wheat Rolls
Whole Grain Breadsticks
Wheat Bagels
Whole Grain Crackers
Rice Cakes
Rice Crackers

Condiments:

Butter
Smart Balance
Honey
Jelly
Mayonnaise
Mustard
Ketchup

Soup:

The daily soup is decided on a weekly basis.

A list will be posted in the lunch room & also emailed to the student's teachers every Friday for the following week.