

February 2010

Mon	Tue	Wed	Thu	Fri
				
1	2	3	4	5
Shredded Pork Layered Enchiladas Southwestern Pinto Beans Mexican Rice Salsa & Sour Cream Carrot & Celery Sticks Dried Apricots Or Soup & Salad Bar 1% White Milk or Chocolate Milk	Turkey, Ham, American & Provolone Submarine Sandwiches Lettuce, Tomato, Onion Baked Cheetos Pickles Red Grapes Or Soup & Salad Bar 1% White Milk or Chocolate Milk	Macaroni & Cheese with Hamburger Green Beans Pears Wheat Rolls & Butter Or Soup & Salad Bar 1% White Milk or Chocolate Milk	French Toast Sticks Butter & Syrup Bacon Strips Snow Peas Pineapple Orange Smoothies Or Soup & Salad Bar 1% White Milk	Popcorn Chicken Baked French Fries Peach Cups Key Lime Pie Bars Or Soup & Salad Bar 1% White Milk
8	9	10	11	12
Grilled Teriyaki Chicken Breast Chicken Pot Stickers Sautéed Asian Veggies Brown Rice Mandarin Oranges Or Soup & Salad Bar 1% White Milk or Chocolate Milk	BLT's on Wheat Bread Cream of Potato Soup Apples Or Soup & Salad Bar 1% White Milk or Chocolate Milk	Cheese Raviolis Marinara Sauce Peas Honeydew French Bread & Butter Or Soup & Salad Bar 1% White or Chocolate Milk	Eggs Benedict on Wheat English Muffins Hash Browns Fruit Salad Or Soup & Salad Bar 1% White Milk	Multigrain Chicken Corn Dogs Tater Tots Watermelon Corn Frosted Heart Sugar Cookies Soup & Salad Bar 1% White Milk
15	16	17	18	19
President's Day No School	Hot Meatball Sandwich on Wheat Subs Snow Peas Cantaloupe Or Soup & Salad Bar 1% White Milk or Chocolate Milk	Soft Wheat Pretzels Cheese Sauce Broccoli & Cauliflower Sticks Mangos Or Soup & Salad Bar 1% White or Chocolate Milk	Whole Grain Waffles with Strawberry Sauce Butter & Syrup Scrambled Cheese Eggs Sausage Patties Carrot Sticks Bananas Or Soup & Salad Bar 1% White Milk	Cheese or Pepperoni Pizza Mixed Green Salad Strawberries Apple Crisp with Whipped Cream Or Soup & Salad Bar 1% White Milk
22	23	24	25	26
Ground Beef & Turkey Hard Shelled Tacos Tortilla Chips with Nacho Cheese Sauce Lettuce, Tomato, Onion, Olives, Salsa & Sour Cream Carrot Sticks Dried Cherries Or Soup & Salad Bar 1% White Milk or Chocolate Milk	Cheesy Whole Grain Bread Tomato Basil Ravioli Soup Celery with Peanut Butter Kiwi Wheat Crackers Or Soup & Salad Bar 1% White Milk or Chocolate Milk	Ground Beef & Pork Lasagna Mixed Green Salad Fruit Cocktail Wheat Garlic-Butter Bread Or Soup & Salad Bar 1% White or Chocolate Milk Early Release 2pm	Ham & Cheese Tater Tot Casserole Wheat Toast Butter & Jam Oranges Or Soup & Salad Bar 1% White Milk	Turkey Dogs on Wheat Buns Baked Beans Coleslaw Applesauce Pumpkin Cake Or Soup & Salad Bar 1% White Milk

Soup & Salad Bar

Veggies:

Mixed Greens (Romaine & Spinach)
Shredded Carrots
Sliced Tomatoes
Broccoli Florets
Sliced Celery
Sliced Cucumber
Sliced Black Olives
Slice Onions
Snow Peas

Proteins:

Cottage Cheese
Cream Cheese
Shredded Mild Cheddar
Low Fat Vanilla Yogurt
Cubed Ham
Cubed Turkey
Chopped Hard Boiled Eggs
Garbanzo Beans
Real Bacon Bits
Sunflower Nuts
Peanut Butter

Fresh Fruit:

Various

Dressings:

Ranch
Balsamic Vinaigrette
Bleu Cheese
Italian
Caesar

Grains:

Croutons
Whole Wheat Rolls
Whole Grain Breadsticks
Wheat Bagels
Wheat English Muffins
Whole Grain Crackers
Sesame Breadsticks
Rice Crackers

Condiments:

Butter
Jelly
Mayonnaise
Mustard

Hello Anderson Families,

I have added several items to the salad bar this month. The children love the wheat bagels & cream cheese! They have also loved the addition of a daily soup. I will have a weekly list posted by the salad bar with the daily soup. I will also email that list to the teachers every Friday for the following week to ensure it is available for the kids to see.

Thank you to all of the parents, family members & friends that have joined their children for lunch at Anderson. They love to have you here!

If you ever have any questions, comments or concerns regarding the lunch program, please don't hesitate to contact me. I would welcome any feasible suggestions.

Sincerely,

**Sally Handsaker-Donch
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